

# Things To Do In Fiji

Unforgettable Fiji Attractions

## Must-see attractions & experiences in Fiji brought to you by DiscoverFiji.com

From authentic cultural experiences to iconic attractions and hidden gems, DiscoverFiji.com brings you the top things to do in Fiji.

## Cultural Things To Do In Fiji

Experience the heart of Fiji through authentic local experiences:

- [Fiji Culture Village Night Tour](#): Participate in Fiji customs, including carving, fishing, canoe making, pottery making, tapa making, coconut bure, and more. Want the same experiences but during the day, opt for the [day tour](#) instead!
- [Lovo Cooking Experience & Market Tour](#): Learn all about Fijian cuisine! Cook local dishes using local ingredients.
- Village Visits: Meet Fijian families, learn about daily life, and experience genuine hospitality.
- [Sunset Dinner Cruise and Show](#): Experience vibrant cultural traditions in a lively island show! Your adventure begins with a peaceful Sunset Cruise along the Tuva River. Then, upon arrival on shore, you'll be greeted with a cheerful "Bula" and invited to join the island sing-along.

[Explore All Cultural Tours>>](#)

## Tourist Things To Do In Fiji

Hot spots for a reason! Explore the parts of Fiji that people can't seem to miss:

- The Yasawa and [Mamanuca Islands](#): snorkel, swim, and relax on world-famous beaches.
- Monuriki Island: Visit the iconic "Cast Away" island for exclusivity and adventure.

- [Cloud 9](#) & [Seventh Heaven](#): Enjoy luxury floats, onboard dining, and reef swimming. View all day cruises and sailing excursions [here](#).
- Sigatoka Sand Dunes: Walk through ancient dunes and archaeological sites.
- Waterfall Hikes: Trek to the “Jewel of Fiji” and other scenic falls.
- [Half Day Nadi Tour](#):

## Family Things To Do In Fiji

Create unforgettable memories with activities perfect for whole families:

- River Tubing: Float down jungle rivers on inflatable tubes. This is both fun for kids and adults!
- [Kula WILD Adventure Park](#): Meet native wildlife, learn about conservation, and enjoy family-friendly rides.
- [4WD Safaris](#): Explore backcountry trails and remote villages together.
- [Zip & Mud Tour](#): Zipline through rainforests and relax in natural mud pools.



4.47 by 3 reviews

- Quality4.67

- Location4.67
- Amenities4
- Services5
- Price4

[4](#)

## **Discover Nadi Tour**

From\$195.00

5 hours30

[Explore](#)



4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[6](#)

## **Fascination Hike Tour**

From\$250.00

6 hours12

[Explore](#)



4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[4](#)

## **Heli Tours - Fiji Helicopter Tour**

From\$670.00

8 hours4

[Explore](#)





4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[5](#)

## **Kula Wild Adventure Park**

From\$70.00

8 hours25

[Explore](#)



4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[5](#)

## [Tide Tribe Boat Charter Tours](#)

From\$3000.00

4 hours7

[Explore](#)



4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[4](#)

## **Westerzaif - Waterfall and Mudpool Tour**

From\$299.00

8 hours100

[Explore](#)





4.47 by 3 reviews

- Quality4.67
- Location4.67
- Amenities4
- Services5
- Price4

[4](#)

## [Zip & Mud Tour](#)

From\$380.00

5 hours25

[Explore](#)

## Other Notable Fiji Activities & Tours

### Exclusive Gems

Discover Fiji's "Exclusive Gems" are unique, off-the-beaten-path experiences designed for



travellers who crave something entirely unique. Highlights include bespoke water-based experiences and cultural experiences.

[See Exclusive Gems >>](#)

## **Sightseeing**

Vacationers can immerse themselves in Fiji's natural beauty and cultural heritage via guided waterfall hikes, such as to the [Sleeping Giant Waterfall](#), and on [helicopter tours](#) over the islands. Each sightseeing tour is led by knowledgeable local guides who share insights into Fiji's landscapes, wildlife, and traditions.

[All Sightseeing Tours>>](#)

## **Underwater Adventures**

Fiji's world-famous coral reefs, teeming with colourful fish, sea turtles, and vibrant soft corals, await you! The Mamanuca and Yasawa Islands, as well as Kadavu and Taveuni, offer some of the best snorkeling and diving spots in the South Pacific.

[All Underwater Adventures>>](#)

## **Fishing Adventures**

Pristine waters teeming with game fish, giant trevally, mahi mahi, barracuda, and more. Discover Fiji offers several fishing charters, including the popular Coastal Inland Fishing Charter, which combines river and deep-sea fishing from Sigatoka Town. Private custom charters are also available, which allow guests to target specific fish or add extras like snorkeling and island visits. All trips are led by experienced local guides who know Fiji's top fishing spots.

[All Fishing Adventures>>](#)

## **Free Things To Do In Fiji**

Enjoy Fiji at no extra cost.

## Walk the Towns

Walk through Nadi, Sigatoka, and Suva for local culture, markets, and street food.

- Stroll through local Nadi markets, such as the bustling Nadi Market, where you can immerse yourself in the sights, sounds, and flavours of Fiji. Don't miss the vibrant produce, crafts, and friendly vendors.
- Explore the town of Sigatoka, including its lively market and main street, where you can experience authentic Fijian life and sample local street food.
- Fiji's capital, Suva, has a rich cultural scene. Wander through the Suva Municipal Market, one of the largest in the South Pacific, or enjoy the city's colonial architecture and leafy parks.

## Visit Public Beaches & Parks

Relax on beautiful beaches and visit lush parks & gardens.

- **Public Beaches:** Popular public beaches include Wailoaloa Beach near Nadi or Natadola Beach on the Coral Coast. Most beaches are easily accessible and perfect for swimming, sunbathing, or simply enjoying the tropical scenery.
- **Parks & Gardens:** Take a peaceful walk through lush public gardens, such as Thurston Gardens in Suva, which showcase Fiji's native plants and offer shady retreats from the sun.

## Photographic Stops

Capture Fiji's stunning scenery at scenic lookouts. Plus, you won't want to miss Fiji's most iconic landmarks.

- **Scenic Lookouts:** Capture Fiji's breathtaking landscapes at free viewpoints like Vuda Lookout near Nadi or the Nausori Highlands, where panoramic vistas of the islands and ocean await.
- **Iconic Landmarks:** Snap photos of Sri Siva Subramaniya Temple in Nadi or the vibrant murals and street art found in Suva's city centre.
- **Sunset Spots:** Fiji's skies are famous for their dramatic colours. Head to the beach or a high vantage point at dusk for unforgettable sunset photos.

## **Planning Your Trip? See These Quick Tips**

### **Best Times of the Year to Visit:**

The best period to visit Fiji is from May to October, when dry, sunny weather is most reliable. During these months, temperatures are warm but not too hot, rainfall is low, and ocean conditions are calm.

### **What to Pack:**

Bring reef-safe sunscreen, swimwear, insect repellent, and light clothing. Sturdy sandals and a waterproof bag are also useful. You can also find specific items to bring on each of our tour pages.

### **Early Booking**

Secure your spot on popular tours and experiences before it's too late. Book your things to do in Fiji with [DiscoverFiji.com](https://DiscoverFiji.com) right here

### **Know the Local Currency**

While not previously listed, it's helpful to note that Fiji uses the Fijian dollar (FJD). Credit cards are widely accepted at resorts and larger establishments, but carrying some cash is useful for markets, small shops, and tips.

### **Stay Connected**

Wi-Fi is available at most hotels and resorts, though coverage may be limited on remote islands. Data Plans are also very cheap in Fiji.

## **Frequently Asked Questions (FAQs)**

## **How can I visit Monuriki?**

Monuriki is accessible through guided island-hopping tours departing from Nadi or Denarau. These tours typically include stops at several Mamanuca Islands, with Monuriki as a highlight for snorkeling, beach time, and photo opportunities. Booking in advance is recommended, especially during peak travel seasons.

## **Which tours are family-friendly?**

Discover Fiji offers a range of family-friendly activities. River tubing, Kula WILD Adventure Park, and 4WD safaris are all suitable for children and adults alike. The wildlife park features native animals and gentle rides, while river tubing is a safe and fun way to experience Fiji's jungle rivers. 4WD safaris let families explore together on rugged trails.

## **What cultural experiences are available near Nadi?**

Near Nadi, you can join village tours that include kava ceremonies, traditional fire dancing, and storytelling. The Fiji Culture Village Night Tour and lovo cooking experiences provide hands-on opportunities to learn about Fijian cuisine and customs. Local markets in Nadi also offer a taste of everyday life and authentic crafts.

## **Are there free activities in towns?**

Yes, there are plenty of free things to do in towns like Nadi, Sigatoka, and Suva. Walk through local markets, relax on public beaches, or visit parks and gardens. Many cultural sites and photographic viewpoints are accessible at no cost.